



The Very Best Things to See & Do

A Comprehensive Guide to the Glencoe area

Inside - "Unmissable on your doorstep"

- ➔ Lazy Leisure
- ➔ Go Golfing
- ➔ Get Afloat
- ➔ Easy Walking
- ➔ Get Into Gear
- ➔ Glencoe Visitor Centre

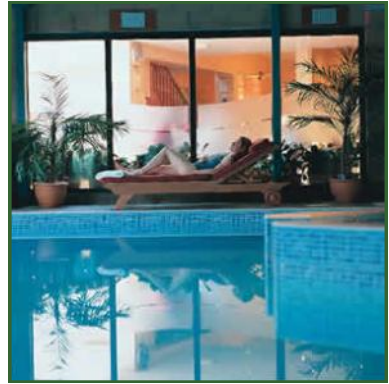
- 1 Boat Trips
- 2 Fantastic Beaches & Bays
- 3 Scenic Drives
- 4 Great Viewpoints
- 5 Places for Kids
- 6 Castles & Historic Places
- 7 Golf
- 8 Hill Walks
- 9 Non-hill Walks & Cycles
- 10 Short Walks
- 11 Shopping
- 12 Art Galleries
- 13 Lunch Stops
- 14 Whisky
- 15 Local Transport
- 16 Get Active
- 17 Gardens
- 18 Fishing

"Unmissable on your Doorstep"

Lazy Leisure at The Isles of Glencoe

Fun for all of the Family
Heated Pool
Sauna, Steam Room & Turbo Bath
Exercise Room & Sun-bed

"a really friendly place to go with a great, relaxed family atmosphere. The pool and leisure centre make it perfect!"



The Pool at The Isles of Glencoe Hotel



Glencoe Lochan

Easy Walking at Glencoe Lochan

easy access & well marked walks
splendid views
fishing available

Drive through Glencoe Village, over the humpbacked bridge, turn left into the Glencoe Hospital then pick up signs.

Get Into Gear

a great way to explore the area
helmet and toolkit provided
Bike rack available on request
full day £15/half day £10
Adjacent to The Isles of Glencoe Hotel



Mountain Bike Hire

Go Golfing at The Ballachulish Hotel

Perched on the lochside at the foot of dramatic mountain ranges, The Dragon's Tooth Golf Course adjacent to The Ballachulish Hotel has nine holes which vary in length between 133 and 474 yards for men and 122 and 376 for ladies with pars ranging from 3-5. The Gathering Place Clubhouse is licensed and also serves tea, coffee and tasty home-made snacks. Open from 9am - 9pm May to October and limited winter opening hours.

Discounted Green Fees for guests & club hire available.



The Dragon's
Tooth Golf
Course

"Unmissable on your Doorstep"

Discover Glencoe Visitor Centre

- Local history exhibitions
- Living building
- Café and gift shop
- Scheduled guided walks



Glencoe

The Glencoe Visitor Centre has been developed by The National Trust for Scotland to high environmental standards and offers a wide range of visitor facilities in a fascinating living building. Guided walks with the NTS ranger run throughout the week and are a great way to enjoy the scenery of Glencoe, pre-booking essential on 01855 811309. Open daily from 1st March until end of October, 9.00am until 6.00pm.

 01855 811309 www.nts.org.uk



RIB Ride with Lochaber Watersports

Get Afloat From The Isles of Glencoe Hotel

Fast & furious RIB rides on Loch Linnhe
Hire rowing boats, canoes & sailboats
Visitors mooring available (restricted space)
RYA Yachting & Powerboat Courses

Rib rides are scheduled on a daily basis check website for details with other days and times by arrangement.

Luxury yacht for charter by day or by hour.

RYA Yachting & Powerboat courses available on request.

Open Daily Easter until October, 9am – 5pm + limited winter hours.

 07831 846025 www.lochaberwatersports.co.uk

1 Boat Trips

- 1 5 mins Lochaber Watersports, Ballachulish, www.lochaberwatersports.co.uk, 01855 821391. Available for hire are dinghies, canoes, pedaloes and rowing boats. Or charter a yacht and explore the west coast of Scotland. Open Easter to October.
- 2 25 mins Cruise Loch Linnhe from Fort William Town Pier - www.crannog.net, 01397 700714. Charming boat and characterful skipper run Seal Island Cruises the length of Loch Linnhe from Crannog Restaurant. Refreshments on board. March – October, cruises throughout the day or enquire about evening cruises.
- 3 45 mins Journey down Loch Shiel from Glenfinnan – www.highlandcruises.co.uk, 01678 470322. Board the M.V. Sileas for a cruise down historic Loch Shiel. There are a variety of trips from 1 hour to a full day with refreshments available on board. Runs from April to October, cruises from 10am.
- 5 mins Fishing on Loch Leven from The Isles of Glencoe Hotel—Iain MacIntyre 01855 811 658. Boat trips on sheltered waters for relaxed fishing while you view the historic burial islands. Trips by arrangement.

2 Fantastic Beaches & Bays

- 1 10 mins Cuil Bay, Duror - Take A828 south towards Oban, turn off from road is a dead-end on a lovely bay. Views south to Mull. Great picnic spots near car park area or walk on where road ends and discover two further, even nicer beaches. The further you go the quieter it gets.
- 2 10 mins Ardsheal, Kentallen - On A828 park in the large layby at the head of the little loch at Kentallen and walk along the road signposted to Ardsheal house. An easy, characterful coastal and woodland walk on a quiet tarmac road. Access to coast and possible to walk all the way round to Cuil Bay.
- 3 1hr 45 mins Sands of Morar, near Mallaig - Follow signs to Mallaig from Fort William. Enjoy the Road to the Isles and you end up at miles of silver beaches. Busy in parts but you will always find a quiet spot. The movie Local Hero was filmed here.
- 4 1hr 45 mins Singing Sands, Ardnamurchan - cross the Corran Ferry, 01855 841243, (runs frequently all day) Follow signs to Acharacle and then signs to Swordle - park at the end of the road then walk 40 minutes along forestry road to reach a wonderful quiet beach with stunning views to Skye and inner Hebrides.
- 5 45 mins Kilmalieu - cross the Corran Ferry (2.4) then pick up signs to Kingairloch. Where the road meets the sea a long south facing bay stretches out. Very quiet and a lovely picnic spot. Rocky coast at the end perfect for exploring.

3 Scenic Drives

- 1 3 hours + Lismore - pick up signs for Port Appin on A828 Oban Road. The road ends where the passenger ferry crosses to lovely Lismore. The journey takes 5 minutes - last crossing 8pm. On Lismore hire a bike or just walk this quiet green Island. A great day out - fit in a visit to the Pier House Restaurant at the ferry slipway.
- 2 40 mins + Around Loch Leven – turn off A82 at Glencoe and drive through stunning scenery. Stop off at Glencoe Lochan , the Ice Factor (16.1) and try some of the short walks (10.4).
- 3 4 hours + The Road to the Isles - Follow signs for Mallaig from Fort William. Stop en route at historic Glenfinnan (6.7) or just to enjoy the view. At Arisaig and beyond enjoy the Silver Sands and views to the Hebrides and the Cuillin mountains of Skye.
- 4 3 hours + Appin & Oban - the Oban road takes in historic Kidnapped country and views of Castle Stalker with possible diversions to Cuil Bay (2.1) and Lismore (3.1). Other attractions on this route are the Sea Life Centre (5.1), the Argyll Pottery and Ardchattan Priory & Gardens - all signposted off the main road. Oban itself is a busy fishing port with lots of character. We recommend the Kitchen Garden or Ee-usk The Fish Café (13.2) for lunch.

- 5 4 hours + Ardgour & Moidart - cross the Corran Ferry (2.4) then take signs to Acharacle then Lochailort then back via Glenfinnan and Fort William. Many obvious roadside stops all the way for lovely views. Try Castle Tioram (6.2), or the Singing Sands (2.4) for a major diversion.
- 6 8 hours + Iona - start early for this long but worthwhile journey to the cradle of British Christianity. Visit the Abbey and explore the colourful rocky and sandy beaches of this lovely Island. Cross the Corran Ferry (2.4), then take signs for Lochaline. Take the Mull Ferry to Fishnish (15.6) (runs frequently all day) then take signs to Fionnphort where you take the passenger ferry to Iona. Alternatively take an organised tour from Oban Pier.
- 7 3 hours + Loch Ness - the trip to Loch Ness is on the rather busy A82 from Fort William. There are obvious roadside diversions and a good turning point is the historic Urquhart Castle (6.3) near Drumnadrochit.
- 8 2 hours + Loch Etive - head towards Glasgow on the A82 and take the sign to Loch Etive at the top of the Glen near the Kingshouse Hotel. The long and winding road to the loch head takes you by the lovely river and there are many stopping points in this quiet glen. Dwarfed by hills you will feel very small here. In autumn the glen is filled with the sound of rutting stags.
- 9 5 hours + Ardnamurchan - after crossing the Corran Ferry (2.4), the long and winding route to Ardnamurchan point rewards the persistent driver. The single track road has lovely views along the way of Scots Pine, Loch Sunart and the Hebrides. Impressive lighthouse at the tip of the peninsula is the most westerly point of the British mainland. Nearby Sanna bay is delightful on sunny days. Stop on the way for something to do/eat at The Ariundle Centre, Strontian (11.2) or the Ardnamurchan Natural History Centre, Glenborrodale (5.3). At the lighthouse there is a small tea room and exhibition centre (5.2). For something different hop on the summer only ferry to Tobermory for lunch.

4 Great Viewpoints

- 1 40 mins Glen Nevis - drive through Fort William on the A82 then follow signs at the third (smaller) roundabout. The location for the movies Rob Roy and Braveheart has many fine views including Ben Nevis. At the bitter end of the road begins a lovely, but slightly demanding walk to the Steall Falls (9.6).
- 2 10 mins Glencoe - A82 to Glasgow. Speaks for itself and famous all over the world. Try the National Trust Visitor Centre, the Lochan Walk, the old road through Glencoe Village and lay-bys in upper Glen. Also see walks for Hidden Valley (9.10) and others.

5 Places for Kids

- 1 30 mins Sea Life Centre – www.sealsanctuary.co.uk, 01631 720386. A85 to Oban signposted off main road. Fun for all the family including frequent seal and fish feeding. The Sea Life Centre also rescues and rehabilitates orphaned seal pups. Outdoor play area, shop and cafe. Open daily from 10. Go by RIB or Yacht with Lochaber Watersports – see main entry.
- 2 1 hr 45 mins Ardnamurchan Lighthouse Visitor Centre, Kilchoan, www.ardnamurchanlighthouse.com, 01972 510210. Cross Corran Ferry (2.4) turn left, following the A861 to Salen, then take B8007, a winding single track road which leads to Kilchoan, and the lighthouse which is the most westerly point on the British mainland. As well as the opportunity to climb the lighthouse tower, there is an exhibition centre and cafe. Open daily April to October
- 3 1 hr 30 mins Natural History Centre, Ardnamurchan - www.ardnamurchannaturalhistorycentre.co.uk 01972 500209, after crossing the Corran Ferry (2.4), follow the winding single track road to Glenborrodale. A Living Building with hands-on wildlife exhibits plus impressive slide show. Nice shop and home-baking in small restaurant. 10:30-5:30. Closed mid October until Easter.
- 40 mins Tralee Rally Karting, 01631 720297. A828 to Oban signposted at Benderloch village. Great fun outdoor carting amongst sand dunes for ages 7 and up. Nearby is well used Tralee beach.

- 5 25 mins The Jacobite Steam Train, Fort William-www.westcoastrailways.co.uk, 01524 732100. Follow in the footsteps of Harry Potter and board the Jacobite Steam train to Mallaig, voted one of the top rail journeys of the world. Operates May to October.
- 6 30 mins Treasures of the Earth, Corpach—www.discover-fortwilliam.com, 01397 772 283. 10 minutes on Mallaig road from Fort William. This attraction features a huge collection of gemstones and crystals in spectacular simulations of cave and mining scenes, as well as a gift shop. Open all year.

6 Castles & Historic Places

- 1 2 hours Duart Castle, Mull – www.duartcastle.com, 01680 812 309. Get there by direct boat trip from Oban or by driving to Mull via Lochaline. This is the ancestral seat of the Clan MacLean who still take up summer residence. A heady atmosphere of bloodthirsty history. Tearoom. Open May to mid October, 10:30am – 6.30pm. Additional nearby activities include Torosay Castle and lovely Gardens and the Mull Light Railway.
- 2 1hr 30 mins Castle Tioram - www.tioram.org. Cross the Corran Ferry (2.4) then take signs to Acharacle then look out for signposted left turn. Pronounced 'cheeram', these atmospheric, romantic ruins are only accessible when the tide is out. The wooded surroundings of Loch Moidart are lovely. See also Ardgour and Moidart (3.4) and the Singing Sands (2.4) above for other diversions.
- 3 1hr 30 mins Urquhart Castle – www.historic-scotland.gov.uk, 01456 450551. Follow A82 towards Inverness (3.6) to get to this popular ruin of a fortress with impressive views over Loch Ness. Includes an innovative visitor centre, shop, café and car parking. Open all year from 9.30am.
- 4 5 mins Glencoe Folk Musuem, Glencoe 01855 811 664. The only thatched roof building in the area and well recommended. Exhibits include Clan History, weapons, costume and an insight into the local slate industry. Open April to October.
- 5 10 mins James of the Glen Trail – follow the A828 to Oban. Just before Kentallen, a track leads off the main road at Lettermore to the sight of the "Appin Murder", an 18th century killing for which "James of the Glen" was wrongly hanged and whose real perpetrator is still hotly disputed today.
- 6 1hr 45 mins Kilmartin - www.kilmartin.org, 01546 510 278. Follow A828 to Oban then continue south towards Lochgilphead. This area is littered with standing stones and other ancient relics. Ancient capital Dunadd is worth a visit with a mysterious footprint on the rocks. Great exhibition and visitor centre at Kilmartin House (in village) is an excellent stop and also has first class café.
- 7 45 mins Glenfinnan – www.nts.org.uk, 0844 4932221 . Follow Mallaig road from Fort William. The place where Bonnie Prince Charlie raised the standard in 1745 to rally the clans now has a climbable monument with classic views down Loch Shiel. The small visitor centre is open April to October See also Loch Shiel cruises (1.3).
- 8 10 mins Glencoe Visitor Centre - www.nts.org.uk, 0844 4932222. Wide range of visitor facilities in a fascinating living building built to high environmental standards. Great ranger guided walks and land rover safaris available June - end August, pre-booking essential. Open all year with limited winter opening.

7 Golf

- 1 2 hours Traigh Golf Course – www.traighgolf.co.uk, 01687 450337. At Arisiag on Road to The Isles (3.2). Traigh (pronounced "Try") means beach in Gaelic, and the course lies beside sandy beaches and rocky islets, with marvellous views to the islands of Eigg and Rhum, and to the Cuillins of Skye. Open all year – nine holes.
- 2 25 mins Fort William Golf Course – www.fortwilliamgolf.co.uk, 01397 704464, just north of Fort William on the A82. A great day out for all types of golfer. Open all year – eighteen holes.
- 3 5 mins The Dragon's Tooth Golf Course, Ballachulish - 01855 811695. Glencoe provides the setting for one of the most spectacular Golf Courses in Scotland. Licensed Clubhouse with tea, coffee and tasty home-made snacks. Open May-Oct from 9am to 9PM, limited winter hours - nine holes.

All walks in this section require some mountain walking experience, proper walking boots and foul weather gear.

- 1 5 mins Pap of Glencoe (2700ft) - park in Glencoe village then walk a mile along single track road towards Clachaig Inn. Pass through gate into first field on the left when trees end, follow the river, then the path to the top. A rewarding and quite arduous 3 hour walk with tremendous views. Typically a 3-4 hour hike.
- 2 30 mins Ben Nevis (4400 ft) - although there is a mountain track to the top the weather conditions on this mountain are notorious and it should not be undertaken lightly. Park at the Visitor Centre in Glen Nevis where a footbridge leads to the path. Typically a 6 hour hike.
- 3 10 mins Cuil Hill (1800ft) - take the track behind the Duror Village Hall right next to the A828. Make for the skyline then follow the easy spine of the hill to the summit. This is a very easy two hour walk and gives rewarding views to Ben Nevis, Mull and Ardgour. Typically a 2 hour hike.
- 4 10 mins Buachaille Etive Beag (Stob Dubh 3129ft, Stob Coire Raineach 3029ft) - 2 Munro tops. Start at the Lairig Eilde footpath in Glencoe for about a mile before heading up on to the col between the two tops. If only doing one top, then take the airy ridge to the southerly peak, Stob Dubh. 6.5 miles and 3000 ft of climbing. Typically a 5-6 hour hike.
- 5 15 mins The Maidens (Beinn na Caillich 2502ft, Mam na Guilainn 2611ft) - 2 fine Corbetts on the north side of Loch Leven. Start near the school in Kinlochleven and follow the West Highland Way for 2 miles before heading left on a stalkers track which takes you nearly to the top of Beinn na Caillich. Continue on to Mam na Gualainn, then descend via another stalker's path to the West Highland Way at Lairig Mhor. Turn right to return to your starting point. 7.5 miles and 2500 ft of climbing. Typically a 5-6 hour hike.

9 Non-hill Walks & Cycles

- 1 West Highland Way - www.west-highland-way.co.uk. Some of the best sections of the Way can be done from within 30 minutes drive - bus or taxi transport is easy to arrange. Try the sections from Inveroran to Glencoe on the original road (possible to cycle); over the Devils Staircase from Glencoe to Kinlochleven; through the Mamores from Kinlochleven to Fort William (possible to cycle). Splendid views everywhere - lunch stops at Bridge of Orchy Hotel and Tail Race Inn, Kinlochleven.
- 2 5 mins Around Ben Vair - Follow the road inland through Ballachulish passing the co-op and playing fields. Cross over the small bridge and then take a sharp left up past the school, then keep following the track inland as it passes through a steading. Now simply follow the track as it climbs and curves around to the right following the line of the river. Eventually you reach a watershed and cross through into forestry for a short time before joining forestry roads which lead you down into the village of Duror. Lovely views – Typically a 3 hour walk.
- 3 15 mins The Blackwater Dam, Kinlochleven - Another great walk for views and very varied. Take the road running alongside the The Ice Factor and climb up the path following the pipeline. When you reach a corrugated hut decide whether to stick to the pipes and brave the steep and overgrown incline or follow the longer but less punishing road. At the top pause a moment to enjoy the views then continue along the long concrete conduit until you reach the cast Blackwater Reservoir and Dam. For an alternative, wilder, route back cross the dam and follow the path back down the opposite site of the valley. Beware when biking it - the initial climb is very steep! Typically 4 hours plus.
- 4 35 mins Nevis Range/Leanachan Forest - (16.3) Many miles of forest tracks for walking and cycling. Forest Enterprise graded routes from family to downhill extremes. Kids will enjoy searching for the Trail Quest check points and the less energetic can just wander through the woods enjoying the peace and tranquillity. Typically 2 hours plus.
- 5 45 mins + Ariundle Oakwoods - These mature woodlands form part of a nature reserve. Walks of varied length can be chosen and can be enjoyed in wetter weather thanks to the shelter of the trees. Cross the Corran Ferry (2.4), following the main road to Strontian. Watch out for signs to Ariundle Forest. Excellent maps and info on site. Typically 2 hours plus.

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| 6 | 30 mins | Glen Nevis - drive through Fort William on the A82 then follow signs at the third (mini) roundabout. The location for the movies Rob Roy and Braveheart has many fine views including Ben Nevis. At the bitter end of the road begins a lovely, but demanding walk to the Steall Falls. The early section skirts the dramatic river gorge before you emerge onto a meadow over which you walk to inspect the dramatic falls before returning by the same route. Typically 2 hours plus. |
| 7 | 50 mins | Loch Arkaig - A circular walk with a real sense of wilderness. Follow signs for Inverness from Fort William before turning left onto B8004 at Commando Monument signed Gairlochy. After crossing canal turn right and follow road all the way to Forestry Commission Car Park. Take the route immediately to the right of the dramatic waterfalls near the car park which takes you on a sweeping circuit inland before returning you to the minor road along the shores of Loch Arkaig on the final leg. Shorter walks are also signposted from here. Typically up to 3 hours walking. |
| 8 | 10 mins | The Two Passes - A real sense of achievement comes from skirting one of Glencoe's mighty mountains. Ever changing views come in this long walk which involves over 2000 feet of ascent. Park in any car park near the narrowest gorge in Glencoe and walk uphill to find the sign marked as a footpath to Loch Etive (Lairig Eilde). Follow this right through the Glen. When the path starts to descend at the half way point and meets a fence, strike along to circumnavigate the mountain and return through the valley (Lairig Gartain) on its other side. Beware - this walk is often boggy, even in summer. When you meet the main road again it is possible to follow the old road back to the Gorge. Typically a 5 hour trip |
| 9 | 30 mins | Along the Caledonian Canal – A gentle walk or cycle, up to 9 miles each way. Take signs for Mallaig from Fort William and take the right turn for The Moorings Hotel. Park in large car park and take the path beside the impressive locks of Neptune's Staircase, you can continue along the canal as far as Gairlochy. Typically 2 hours plus. |
| 10 | 10 mins | The Hidden Valley - This moderate but rewarding walk gives a real feel for the remoteness and alpine nature of Glencoe. Find a space in one of the large car parks in Glencoe where the road climbs, opposite a small white cottage close to the road. Pick up the path (signposted Corrie Gabhail) which descends to the valley floor from the rim of the car park and leads to a sturdy but dramatic footbridge over the River Coe. Follow the well-worn path up the valley on the other side until you eventually reach the hidden valley. Typically 2 hours plus. |

10 *Short Walks*

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| 1 | 5 mins | Inchree Waterfalls - you can reach the viewpoint of these spectacular waterfalls in just a few minutes from the car park. Well marked routes provide options for various extensions through the forest. Follow the A82 to Fort William looking out for signs for the village of Inchree on the right. Follow the road right through the houses to reach the Forestry Commission car park at the end. All walks well marked. |
| 2 | 20 mins | Sutherland's Grove - 20 minutes drive on A828 to Oban, a few minutes after crossing the Cregan bridge on left. Variety of well marked forestry walks including dramatic gorge and pleasant reservoir. |
| 3 | 30 mins | Ben Lora - 30 minutes drive on A828 to Oban, easy to miss, on left just after shops in Benderloch. Varied well marked forestry walks with great view points including 1 hour climb to summit. |
| 4 | 20 mins | Kinlochleven – at the head of Loch Leven you will find a great network of paths. Try the walk to the old Pier – park opposite the Post Office and follow path around the circuit. The Gray Mare's Tail walk is also nice – turn off the main road through the village at the Police Station, take a right at the Episcopal Church and follow signs from the adjacent car park. |
| 5 | 5 mins | Glencoe Lochan - Drive through Glencoe Village, over the humpback bridge and follow signs. Various walks give access to spectacular scenery and views. Fishing available (18.2). |
| 6 | 5 mins | Glenachulish & St Johns - A828 to Oban take 2nd left after Ballachulish Hotel. Way marked routes for walking and cycling lead to spectacular views. Also accessible from St. John's Church, just north of Ballachulish Village on A82. |

11 Shopping

- 1 25 mins The Granite House, High Street, Fort William, 01397 703651. The shop which truly has something for everyone! Browse downstairs for gifts, cards, jewellery and novelties. Upstairs you'll find clothes, traditional music and a great selection of candles.
- 2 1 hour Ariundle Centre, Strontian, 01967 402279. Travel over the Corran Ferry (2.4) to this busy craft workshop, restaurant and tearoom. They produce and sell batiks, hand spun knitwear, wooden toys and more. And also run various workshops.
- 5 mins Ballachulish Visitors Centre and Tourist Information, Ballachulish, www.glencoetourism.co.uk, 01855 811866. Tourist information alongside a craft shop selling Scottish and world crafts, handmade jewellery, locally made root sculptures and bowls, greetings cards, music, books and maps. Plus coffee, home-baking and light snacks. Open all year except Christmas Day. 9am – 5pm with later summer hours.
- 4 5 mins Crafts & Things, Tighpuirt, Glencoe, 01855 811325. This traditional whitewashed cottage contains a well stocked and varied craft shop, there's also a great selection of knitwear.
- 5 30 mins Argyll Pottery, Barcaldine, Near Oban, 01631 720503. A828 to Oban, just past Sea Life Centre. Range of tableware and individual pieces. All pots are hand-made on the premises from stoneware clay fired in a wood-fired kiln. Closed Sundays.

12 Art Galleries

- 1 5 mins F.W.Holroyd Art Gallery and Picture Framer, North Ballachulish, www.holroydgallery.co.uk, 01855 821 277 The gallery has a varied selection of oils, watercolours and pastels by some well known names, alongside local artists. Open Tuesday—Saturday 10-5pm and by appointment
- 2 25 mins The Lime Tree, Achintore Road, Fort William, www.limetreefortwilliam.co.uk, 01397 701806. Varying Exhibitions and the working artist studio and gallery of Landscape Artist David Wilson.
- 3 50 mins Kranenburg & Fowler, Star Brae, Oban, www.kranenburg-fowler.com, 01631 562303. We recommend this gallery which is just off Argyll Square, opposite House & Home, for striking, contemporary Scottish Art. Closed Sundays.

13 Lunch Stops

- 1 50 mins C2 Café Caledonian - The Oban Caledonian Hotel, Oban, 01631 563133. Visit our sister hotel in busy Oban. Situated on the harbour side, the café is a meeting place for locals and travellers alike. Great all day food, great views and atmosphere!
- 2 50 mins C2 Eeusk, The Fish Café, George Street, Oban, 01631 565666. A locally renowned restaurant which deserves its reputation for the best seafood in the area. Spend the day in Oban (3.3) and then treat yourself.
- 3 15 mins Lochleven Seafood Cafe, Onich, www.lochlevenseafoodcafe.co.uk, 01855 821 048. Sample delicious seafood in an informal atmosphere. Also has a shop selling fish, live shellfish and a small selection of cookware.
- 4 25 mins D4 Lochaber Sidings, Railway Station, Fort William, 01397 701843. Foods and crafts made solely in Lochaber. Delicious home-made, healthy and wholesome meals, snacks and baking. Open all year.
- 5 5 mins D3 Crafts & Things, Glencoe, 01855 811325. Try the coffee shop for light meals, healthy options and terrific home baking all in light, airy surroundings. Good coffee too!
- 6 25 mins D4 Fired Art, Pottery Painting Cafe, Fort William, www.fired-art.co.uk, 01397 705005. Why not create your own unique painted pottery piece, browse the gallery paintings and then enjoy a delicious light lunch?
- 7 25 mins C3 Castle Stalker View, Appin, www.castlestalkerview.co.uk, 01631 730444. The cafe serves light lunches and home-baking with great views over Loch Linnhe. Also has a gift shop selling various crafts, cards and jewellery.

14 Whisky

- 1 30 mins The Ben Nevis Distillery and Visitor Centre, Lochy Bridge, Fort William, www.bennevisdistillery.co.uk, 01397 702476. You'll get a warm welcome at The Ben Nevis Distillery! Join the tour and sample the 'Dew of Ben Nevis'.
- 2 50 mins Oban Distillery and Visitor Centre, Stafford Street, Oban, www.discovering-distilleries.com/oban 01631 572004. Visit this distillery set in the heart of Oban. See the distillers at work, try a complementary dram. Oban is one of the six 'Classic Malts of Scotland'.
- 3 20 mins Scottish Crafts and Whisky Centre, High Street, Fort William, 01397 704406. Tour the interesting, independent, whisky exhibition and then spend a while browsing in the huge gift shop.

15 Local Transport

- 1 Bruce's Highland Tours, www.bruceshighlandtours.co.uk, 07814 921113. Your own guided tour of Lochaber and the Highlands in a spacious Landrover Discovery. Bruce can provide route suggestions.
- 2 Scottish Citylink Coaches, www.citylink.co.uk, 08705 50 50 50
Coach from Glasgow to the Isle of Skye via Fort William.
- 3 Highland Country Buses, Fort William, www.rapsons.co.uk, 01397 702373. Local buses covering Kinlochleven, Glencoe, Ballachulish, Fort William and Oban.
- 4 Glencoe Taxis, Ballachulish, 01855 811764
- 5 Robertsons Taxis, Onich, 01855 821428.
- 6 Caledonian MacBrayne Ferries, www.calmac.co.uk, 01631 566888.

16 Get Active

- 1 15 mins The Ice Factor, Kinlochleven, www.ice-factor.co.uk, 01855 831100. As well as having the biggest indoor ice climbing facility in the world, it has a rock climbing wall, bouldering hall, shop, cafe, bar, children's play area and an outside high level rope course. Open all year.
- 2 5 mins Vertical Descents, Inchree, Onich, www.verticaldescents.com, 01855 821593. Join the experienced guides for a wide range of exhilarating activities, including canyoning and fun yakking. All specialist equipment provided. Open all year.
- 3 35 mins Nevis Range, Torlundy, by Fort William, www.nevis-range.co.uk, 01397 705825. On A82 north to Inverness. Scotland's highest ski area and only mountain gondola. Out with the season it's worth taking the gondola to the Top Station for access to marked trails and viewpoints plus the restaurant, bar and shop.
- 4 20 mins Glencoe Mountain Chairlift, Kingshouse, Glencoe, www.glencoemountain.com, 01855 851226. On A82 south to Glasgow. Scotland's first commercial ski area boasts exhilarating skiing, unique terrain and dramatic snow-holding gullies. Glencoe has runs to suit all abilities and advanced skiers can take advantage of the longest vertical descent (2,600ft/792m) and the steepest on-piste black run in Scotland (The Fly Paper)!
- 5 5 mins Sea Xplorer, Ballachulish, www.seaxplorer.co.uk, 07729 937242. Join a fast boat coastal wildlife tour which offers a unique experience of high adventure and exhilaration. Open April -November
- 6 25 mins Linnhe Marine Boat Hire, Lettershuna, Appin, 01631 730401. Signposted on A828 south to Oban. Learn to Windsurf or Sail in a sheltered bay, or for the more advanced user, explore the loch or visit castles & prehistoric sites.
- 7 25 mins Lettershuna Riding Centre, Appin, www.lettershunaridingcentre.com, 0845 806 0332. Take A828 towards Oban, signposted from road. They offer a variety of rides to cater for all standards. From age 4 upwards.

- 8 40 mins Highland Activities, Kinloch Laggan—www.highlandactivities.co.uk, 0845 0945513. Bases at Ardverickie Estate and Great Glen Water Park, offering quad biking, off road driving, clay pigeon shooting, archery, paintballing, mountain biking and many water activities. Open all year
- 9 30 mins Rockhopper Sea Kayaking, Corpach, Fort William—www.rockhopperscotland.co.uk, 07739 837 344. Provides quality guided Sea Kayaking trips, surrounded by amazing scenery and wildlife.

17 Gardens

- 1 20 mins Kinlochlaich Gardens, Appin -www.kinlochlaichgardencentre.co.uk, 01631 730342. Take the A828 towards Oban, signposted left as you drive through the village. Walled garden, woodland walk and garden centre where you can buy a huge range of plants and trees. Open all year
- 2 40 mins Ardchattan Priory Gardens, By Oban—01796 481355. Take A828 towards Oban, turn left immediately before Connel Bridge. Situated around the ruins of a chapel, there are shrub walks and a wild flower meadow, all with views over Loch Etive. Open April to October
- 3 1 hr 15 mins Ardtornish Gardens, Morvern, www.ardtornish.co.uk, 01967 421288. Cross the Corran Ferry (2.3) and follow the road to Lochaline. A woodland garden, planted to make the most of the Highland scenery of hill, cliff and loch. Open March—November 8am-8pm
- 4 1 hr 15 mins Arduaine Garden, near Oban, Argyll, www.nts.org.uk/Property/6/, 0844 493 2216. Follow A828 to Oban and then continue 20 miles south on the A816, the gardens are 4 miles south of Kilmelford. A green oasis of tranquillity nestling on the west coast, Arduaine will surprise and delight the visitor every day of the year. Open all year.
- 5 15 mins Appin House, Appin, www.appinhouse.co.uk, 01631 703207. Left turnoff A828 south to Oban. Beautifully landscaped gardens with many specimen trees, and pathways through the lawn and shrubs lead the visitor to secluded resting places. In Spring the azaleas and rhododendrons are almost unbelievable while the Autumn colours provide a blaze which is equally magnificent. Open from end of April to October, 10am – 6pm.
- 6 25 mins Ard-Dariach Hill Garden and Nursery, Ardgour, www.arddaraich.co.uk, 01855 841384 Cross Corran Ferry and turn left onto A861 for 2 miles. A wild hill garden which specialises in rhododendrons, shrubs and trees. Open all year.

18 Fishing

- 1 20 mins The Rod and Gun Shop, High Street, Fort William, www.fortwilliamfishing.com, 01397 702656. The best place for advice on local fishing, some permits available.
- 2 5 mins Glencoe Lochan - (10.5). Stocked with Rainbow Trout and has special access for wheelchair and an adapted boat. Fishing by permit only from nearby Scorry Breac Guest House, 01855 811354
- 3 5 mins The Hardware Shop, Ballachulish, 01855 811 111. As well as a huge selection of hardware, they stock a wide range of fishing tackle to buy or hire, permits and lots of local knowledge and tips.